

GUIDANCE COUNSELING TEACHERS' EFFORTS TO OVERCOME LATE STUDENTS THROUGH INDIVIDUAL COUNSELING SERVICES AT MTs AL JAM'IYATUL WASHLIYAH TEMBUNG

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Abstract: In eradicating tardy behavior and discipline in obeying school rules by students, the role is not only the subject teacher, but the counseling teacher also has a very important role to overcome tardy students. Being late is one of the most commonly seen rule-breaking behaviors in schools. Although being late is not a criminal act against the law like theft and murder, if handling and follow-up efforts are not given, it will have a negative impact on student development, especially in terms of academic achievement. The phenomenon of MTs Al-Jam'iyatul Washliyah Tembung School shows that there are students who are late, the cause of which often occurs due to general factors, family, personal and school factors as a result affecting student learning achievement at school. Qualitative is the method used with a descriptive approach. The BK teacher's effort to resolve late behavior in students is to provide individual counseling guidance services to students. After getting individual counseling guidance services students experience changes in no longer being late for school, their clothes become more rapid and become more quiet.

Keywords: Guidance; Individual; Counseling; Service; Late.

INTRODUCTION

School is a location where teaching and learning activities are held by educators and students in order to increase knowledge and has rules that must be

obeyed by every party in the school, including school rules. Students are required to follow school rules in order to achieve successful learning activities and the formation of a disciplined and responsible personality in each student. Students who have the ability to face future challenges are students who are disciplined, able to follow existing education and are mentally, intellectually and spiritually intelligent (Astuti & Lestari, 2020).

The successful implementation of learning and education programs for students in a school does not depend on things implemented by the school, such as a complete curriculum, teaching activities carried out by teachers, and complete facilities and infrastructure, but also depends on things around students including family and society (Hasugian & Hasti Hasmira, 2019).

The term discipline is defined as the willingness of individuals to comply with various applicable rules and prevailing socio-cultural values (Pratiwi, 2020). According to Elizabeth. B. Hurlock in (Ali & Asrori, 2011), discipline is the attitude of individuals in knowing what to do at the appropriate time and appreciating every available time. Discipline is the behavior of individuals who are willing to obey and enforce rules and behave according to existing regulations (Ghufron

& Risnawati, 2011: 38). A disciplined school will make all citizens in the school feel safe and comfortable and support the school to achieve success and success (Jakfar, 2023).

The issue of discipline is a complicated issue for counseling teachers because it is related to student behavior, knowledge and attitudes. Students must make discipline a habitual behavior, initially forced over time to become a habit. Like the rules at home, which usually take the form of inviting children to do cleaning in the morning, at first the child will feel forced, but over time it becomes a common thing, because it is always done every day, this is an example of discipline that becomes a habit (Khoti'ah et al., 2022).

Student problems regarding school attendance have become a common problem in schools. Even with the existing scheduling of learning there are still students who are late, and students who are late need special attention to be resolved (Mulyani, 2017).

The word late in the KBBI means the passage of time. Therefore, being late means that students arrive at school later than the regulated time, for example, the stipulated time for entering school is 07.00, but students are said to be late when they arrive at school at 07.05.

Tardiness is one of the most commonly seen rule-breaking behaviours in schools. Although tardiness is not a criminal act against the law like theft and murder, if handling and follow-up efforts are not given, it will have a negative impact on student development, especially in terms of academic achievement. The short-term impacts are delays in the teaching and learning process, unable to

concentrate, disturbing other students, and being punished. And the more serious impact is that parents will be called to school, late learning, students will get bad grades, students will score below the minimum score, do not attend class, and students will be expelled from school (Chita, 2022).

There are various things that counseling teachers can do to improve student discipline, the roles and responsibilities of counseling teachers are very influential in shaping discipline in students' personalities (Hermanto & Ganra, 2022).

Based on the duties and obligations of counselling teachers, they also act as "parents", providing advice, direction, instructions and guidance. The BK teacher's closeness to students is something that must be used by students to improve bad behaviour, such as deviating from morals and norms, especially behaviour that violates state regulations (Ikip et al., 2018).

The phenomenon of MTs Al-Jam'iyatul Washliyah Tembung School, based on the results of interviews with BK teachers, shows that there are students who are late. Some factors that influence students to be late are family, school and their own personality (BK, personal communication, 2023). Tardiness is caused by family factors, such as students being asked to accompany their parents to the market before school, lack of discipline in their homes, lack of parental discipline for morning prayers so that children do not pray as a result of waking up late. The occurrence of late behaviour is caused by internal factors, namely the habit of students waking up at noon because they stay up late. The factor of students being

late for school is the distance between homes and schools, coupled with the difficulty of accessing public transportation. Students are also late because of students' bad habits, for example by arriving late intentionally, delaying going to school, and waiting for each other with their friends. If students organise themselves and their time, tardiness when coming to school will not occur (Faharuddin, 2017).

The school has made various efforts to minimise student tardiness, for example, if a student is found to arrive late, they will be punished. The punishment given is sweeping the school yard, sweeping the BK room, memorising verses. If students are late 2 times a week, they will be called to the BK room. In the BK room students will be asked questions about the causes of students being late and will be told to make a letter of agreement not to be late again. 3 times late in a week parents will be called to come to school.

The BK teacher's strategy is to provide assistance to students in dealing with their problems and coordinate all BK activities aimed at providing assistance in alleviating student problems (Rahmadina et al., 2020).

Counselling services are efforts that can be made by counseling teachers in schools. In this case, individual counselling services are quite appropriate, because individual counselling seems to be able to help students deal with their problems and can create timely arrival behaviour in students.

Individual counselling services are services that students get directly by the counseling teacher which aims to discuss and alleviate the problems they are facing.

This research aims to 1) Knowing the general factors that cause students to come late (2) Knowing the external or internal factors that cause students to come to school late (3) BK teacher's efforts in overcoming late students (4) To find out student behaviour after getting individual counselling services.

This research on late students has been researched by Agus Supriyanto (2012). With the results of the research obtained from the three students, TM, HS, and AG, it resulted in a conclusion that the tardiness committed by students could be alleviated through individual counselling services with behaviorshaping techniques. The tardiness that students often do is related to their personality characteristics, life values, life principles, morals, shortcomings and everything they experience and interact with others. This is done by students because basically students can see themselves and this not only affects student behaviour but also the satisfaction they get in their lives (Nurdjana 2015).

This research on late students has been researched by Sukma Dewi Priani (2013). Which results in a fact that the frequency of tardiness in students has decreased so that the research hypothesis reads "The use of Individual Counselling through a Reality Approach can reduce the habit of arriving late for students at SMP Negeri 1 Sumberejo" (Priani & Setiawati, 2013).

This research on late students has been researched by Ariani (2020). With the results of handling late school attendance behaviour with the initials SNA, R, MI and SR through individual counselling Behavioral Contract technique, a conclusion was obtained that

students' tardiness in coming to school was caused by things outside of themselves such as the lack of students getting parental attention. The implementation of individual counselling using behavioural contract techniques is carried out in stages, so it can be concluded that services with this technique can handle students' tardiness (Pangastuti et al., 2020).

This research has similarities with previous research in the form of making students late as a topic of study. While the difference is that this study examines the BK teacher's efforts to overcome tardy students through individual counselling services, then the location and object of research conducted at MTs Al-Jamiyatul Washliyah Tembung.

The research was conducted because there were still many students who were late. So that researchers are interested in knowing about students who are late so far based on the results of interviews with BK teachers so that there are no more students who are late.

METHODS

Qualitative method with descriptive approach is the method used in this research. This method aims to describe the facts or characteristics of a certain group of people systematically and honestly and carefully. The data of this research comes from the results of interviews with counseling teachers of MTs Al-Jamiyatul Washliyah Tembung regarding individual counselling that has been implemented. The main data of the study was collected through interviews with the BK teacher of MTs Al-Jamiyatul Washliyah whose initials are BK and three students whose initials are AA, BB and CC, observations were made based

directly on students who had problems violating discipline in accordance with the topic of this research study and documentation was carried out based on the late student list book. Analysing research data was carried out through interviews and documentation with the BK teacher (Nursyifa & Rosita, 2021). The use of individual counselling services to overcome students who are late, so that late students do not reoccur so that the students themselves and others are no longer disturbed when there are students who come late while studying.

RESULTS

Based on interviews with the BK teacher of MTs Al-Jamiyatul Washliyah Tembung, student tardiness is a form of disobedience to rules that often occurs at school. Although it is not a form of crime, if left unchecked it will have a negative impact on students, especially in academic terms. Student tardiness can have a bad effect on students. Students will miss some lesson time which will also have an impact on disrupting the implementation of learning that is already running. Students who are late will get individual counselling services carried out by counseling teachers with the aim of directing and providing guidance so that late behaviour is not carried out by students (BK, personal communication, 2023).

In line with the explanation above, it is known that tardiness is a form of violation of school rules in the form of a mismatch between arrival time and the specified time. At MTs Al-Jamiyatul Washliyah Tembung exactly at 07.00 every student must be present at school,

students who arrive later than that hour are late (Hayati Fitri, 2020).

Factors causing students to arrive late at school

Based on the interview with the BK teacher, the common factors for students to come late to school are mostly due to missing morning prayers, rain, and difficulty in getting public transport to school (BK, personal communication, 2023).

The results of direct interviews AA admitted that he was late for school in a month could be two to three times. The cause of Aa being late is usually because he stays up late playing games at night, causing him to wake up late and not praying at dawn, resulting in AA being late for school (AA, personal communication, 2023).

Furthermore, the results of direct interviews BB admitted that he was late for school because he did not pray at dawn so that because he woke up awake, BB was not on time to come to school so BB had to go through the back door because the gate was difficult to close (BB, personal communication, 2023).

Based on the results of direct interviews, CC said that he was late because he was too busy watching TV until late at night, causing CC to wake up late in the morning so that he did not have time to pray at dawn and did not have time to take a shower because the clock was about 7 o'clock, because he woke up late CC was late for school (CC, personal communication, 2023).

Based on the results of the interviews above, students who are not on time to come to school due to several factors are general, internal or external

factors. Based on the results of interviews with BK teachers, the cause of general factors is not praying at dawn, the internal factors of students who are often late for school are lazy to wake up early, the habit of students waking up at noon because they stay up late, besides that students are often late because they are deliberate, procrastinating and waiting for each other.

Late behaviour is the behaviour of students who are not in accordance with the specified time or later than what has been determined occurs because one of them is influenced by things outside the student such as the situation in the family and school (chasanah, 2017). External factors are usually influenced by the environment or friends and other activities that affect students' lateness to class (Thawalib, 2022).

The external factors that cause students to be late are that their parents do not pray at dawn so that they wake up late in one house, causing children to be late for school, having parents who are busy working so that in the morning the parents have gone to work so that the children have no one to take care of but themselves, so from there the children often wake up late and cause children to be late for school. Lack of attention from parents which causes the child to live with neglect so that he is accustomed to living undisciplined so he is often late for school, has undisciplined family habits that result in children having an undisciplined nature so that these habits result in children often being late for school because they do not have a sense of discipline because they are used to families who have undisciplined habits at home, students are asked to take or accompany their parents to the market

before going to school resulting in students being late for school.

Counselling Teacher Efforts in Overcoming Late Students

Based on interviews with counselling guidance teachers (BK, personal communication, 2023) at MTs Al-Jamiyatul Washliyah Tembung for students who are late 1 to 2 times a month the sanctions given are only in the form of gotong royong, sweeping, picking up garbage, and memorising verses. For students who are late 3 times a week, the BK teacher will provide individual counselling services to these students. As well as making an agreement letter so that students are no longer late for school. If there is no change, the BK teacher and homeroom teacher work together to conduct a home visit. If there is no change with a home visit, the child is transferred to another school or dismissed.

Student Behaviour After Receiving Individual Counselling Services

Based on interviews with BK teachers, students who are often late will be given individual counselling by BK teachers for late students. So that there are changes in students after getting individual counselling services so that they become more quiet, neat, disciplined, on time to school but there are also students who have no changes at all because the child no longer wants to go to school (BK, personal communication, 2023).

Individual counselling services can overcome tardy students because based on the cooperation of parents, counselling teachers and homeroom teachers, children have a better personality so that these students are no longer late for school.

DISCUSSION

The problem that exists at MTs Al-Jami'yatul Washliyah Tembung is coming to school late, most teachers complain about this. The BK teacher must have a way to form disciplined students and have the responsibility to provide assistance to students in terms of alleviating the problem of late students.

When the BK teacher interviewed students who were late, many students argued that they were late because they did not pray at dawn, it was difficult to get public transportation or angkot, traffic jams on the road, damage to public transportation, unexpected accidents, rain and others. so that students are late arriving at MTs Alwashliyah Tembung school. Even though the school has set rules for late students and sanctions, students are still found late.

It is often found that students are dishonest and give excuses so that they are free from punishment for breaking the rules in the form of coming to school late. So to foster a disciplined attitude so as not to be late for school it is necessary to pray Fajr on time in order to have a disciplined attitude so that the self will be accustomed to a disciplined attitude, it will be better at managing time appropriately so that going to school is no longer late.

Prayer is an individual's religious belief, but if prayer is judged only based on frequency and movement rather than willingness and awareness, then a bad attitude will remain in the self. In fact, if you make it a habit in the beginning, it can be compulsive for a child and teenager, but this must be done to provide knowledge that prayer discipline must be built up as early as possible so that they develop the habit of discipline.

There are five prayers that must be performed every day, each with its own time. Within a day has a variety of activities, so someone who is able to divide the time between world activities and prayer, then he is able to appreciate the time properly. Hammam (2012) argues that the attitude of discipline and order in work and all other activities is contained in prayer. Because prayer is set on the specified. Sincerity and a sense of responsibility are also contained in prayers that are performed five times a day. Someone who is used to praying has a sense of responsibility and willingness, because prayer is carried out 5 times per day. Sastrawi and Sepriyosa (2013) state that people who pray are actually fixing things in themselves internally. So that there are many things that improve and various things are resolved properly.

Compulsory prayers that must be performed on time are training a disciplined attitude in a person. An example is the timeliness of the morning prayer. Fajr prayer time is done when people are still fast asleep so many people complain about the time. Khalid (2009) provides an explanation that the implementation of morning prayers on time will train someone to wake up early in the morning. If someone is used to getting up early, then laziness can go away and the body becomes healthier. Good health in the body can eliminate excessive sadness and anxiety in the body. The mind becomes clear, physical and mental pain will also disappear. Among those who are not used to doing morning prayers, physical and mental conditions. Lazy attitude, disease and disturbed health often come to the body of people who are not used to praying at dawn.

Students who are accustomed to praying will always try to do worship to God, always remember the things that God commands, and can divide their time correctly because they have to do prayers in the midst of the activities they are doing, habits like this will also be applied by students to their daily activities, namely by obeying existing rules in a disciplined manner.

The relationship between prayer and discipline has been explained by several experts such as Haryanto (2002) Prayer is a worship activity that is able to create disciplined individuals, respect time, work hard, maintain cleanliness and always say good things. Suparman (2015), states 1) Educating people to obey a leader who calls because hearing the adhan we rush to the mosque for congregational prayer is sunnah. 2) Providing understanding to the people to be disciplined in doing various tasks that are their responsibility, because the prayer time has been set straightforwardly. Mulia & Raya argue that the obligatory prayers that are done five times per day have many commendable values, one of which points to the wisdom of carrying out disciplined five-time prayers. Namely 1) Get closer to God. 2) Strengthen and motivate yourself. 3) Exclaim the majesty of God. 4) Bring a sense of calm to the mind. 5) Never neglect to always remember God. 6) Creating individuals who love order and being disciplined at work. 7) Train individuals to have wisdom, calmness and various noble qualities. 8) The ability to manage time. 9) Getting used to always having a good mind. 10) Encouraging the habit of being honest, trustworthy and always having good thoughts.

Prayer discipline can be used as a form of training so that someone becomes disciplined. In line with the opinion of Daradjat (1996) that the training of discipline and self-control is the five daily prayers. There are many things that can be trained through the discipline of praying, one of which is discipline towards time. Performing prayers on time will accustom a person to always uphold discipline in various things in his life, such as completing his tasks.

Haryono (2011) agrees that praying on time is the same as fostering self-discipline. If it starts with discipline in prayer, individuals become accustomed to upholding that discipline in other activities. The attitude of discipline of Muslims can be measured by the timeliness of when they pray (Eggi et al, 2016).

The internal factors that influence undisciplined student behaviour in the research conducted here are low self-motivation and inability to manage time. Then the external factor is the environment such as family, school and teachers who seem to encourage this behaviour.

In general, respondents' statements show that students are late because of lack of parental attention, poor attitude formation by parents, and students' low knowledge of the importance of discipline, the absence of encouragement in students to manage time and being influenced by bad things from their friends.

Stern (Wicaksono, 2013) states that one of the factors that influence students' disciplinary attitudes is external factors, namely the environment around the individual. Every student must know the importance of applying discipline in life so that they are able to become orderly and

disciplined people, besides that with this students can form a good personality in themselves so that they can become a person who is beneficial to their surroundings.

Yusuf and Nurihsan (2009: 110), also argue that disciplinary behaviour can guide students to make better use of time, achieve effectiveness, and understand that all activities have the same goals and objectives as needs and students can act and behave well and consistently (Ana, 2019).

Internal and external factors of late students, namely internal factors of students who are often late for school are not praying at dawn, lazy to wake up early, students' habits of waking up at noon due to staying up late, student behaviour that deliberately delays arrival and waiting for other friends.

Factors originating from oneself can be changed when there is a belief that discipline encourages academic success or even with external encouragement, one example is by utilising advanced technology, various social media applications can be used to help groups and make people responsible in the group. Every morning the coordinator also checks on all members whether they are ready for school or not.

Meanwhile, external factors can be changed by the cooperation of parents, homeroom teachers, bk teachers, and students to overcome student tardiness so that they are no longer late, especially with parents to be more attentive to their children so that they are no longer late for school (Ariana, 2016).

Of course, as a counsellor has quite a lot of responsibilities, each student has a different nature and ability, therefore the

strategy to deal with it is different, the counsellor is required to innovate and be creative in this matter. A counselling teacher advises students in need, accepts all complaints and helps students to believe in themselves that every problem and problem they face is a stage of life that should be passed. Talking about counselling is a mandatory skill for a counselling teacher to be professional. With guidance, an individual can get to know himself more deeply, adapt to his surroundings and plan for the future.

Of course, to fulfil the duties of a counseling teacher requires provisions in order to provide guidance to students to recognise themselves, know their own weaknesses and strengths, get a way out of the problems they face. and exemplary personality. When students face problems, the guidance teacher gives students the confidence to try to solve the problems they are experiencing at school, acting as the best counsellor and guide for students.

The counselling teacher must continue to cultivate as much patience as possible, because patience knows no limits, it is yourself who is able to determine its limits. Every BK teacher, of course, has a way to deal with the problems faced by students, BK teachers must have expertise in providing assistance to students to solve their problems and are the ones who coordinate all BK activities at school in providing assistance to students to solve their problems. Including being on time so that they no longer come late to school (Afiatin Nisa, 2016).

Smith, in Mc Daniel, Guidance is the provision of support to someone who aims to provide assistance to them in order to obtain various things and skills needed

to make decisions, planning, and the ability needed to make adjustments. Division of Counselling psychology, counselling is an effort to provide assistance to others in dealing with various problems in their own development so that they can develop optimally. This effort can be given at any time (Muafi, 2013).

The BK teacher's efforts in overcoming tardy students, firstly, resulted in the fact that the method applied by the BK teacher in improving student discipline, namely by carrying out individual counselling services and then giving warning letters with parental calls and letters containing agreements. Then the application of the same rules as the school rules. Through individual counselling strategies, supervising teachers can easily propose solutions, because this strategy is very effective in finding out the causes of violating student discipline.

In addition, the BK teacher's efforts also carry out counselling sessions and make a letter containing an agreement not to repeat it, if the student is found to repeat the mistake then the student will get a letter to call the parents. The use of Individual Counselling Strategies is very important because the process determines the success or failure of achieving predetermined goals. Some of the terms used to denote individual counselling techniques are *arekahkua*, method and counselling approach. The whole term implies the meaning of the method used by the counsellor in providing assistance to clients to realise their potential and overcome their problems by understanding the situation of the surrounding environment, namely social, religious and cultural values. Mastery of counselling techniques is absolutely necessary for a

counsellor, the counsellor is said to be effective if he can respond appropriately and quickly by adjusting the situation the client is facing.

To solve the problem of students who are not disciplined in time, one of which is always late coming to school, the implementation of individual counselling by the BK teacher is needed here. This individual counselling service is provided by counsellors when students experience problems. Individual counselling services that are very personal, where the BK teacher is alone with the student to be guided, seem to be enough to strengthen students' trust in the BK teacher, so that students are more free and open when they talk about their problems. BK teachers provide face-to-face counselling, usually for 40 minutes, if no solution to the problem is found, students are given individual counselling services again until students can solve their problems personally and can make changes according to the direction given by the BK teacher.

When students have received individual counselling services and cooperation with parents, students experience significant changes, become more disciplined, look neater again because most students who are late look dishevelled and do not even bathe before going to school, causing students to look dull. However, there are those who do not experience any changes at all for students who really no longer want to go to school, and there are also students who become more quiet after receiving individual counselling services. With the implementation of individual counselling, students experience good changes to no longer be late for school.

CONCLUSION

The BK teacher's efforts in overcoming tardy students are for students who are late 1 to 2 times a month the sanctions given are only in the form of gotong royong, sweeping, picking up garbage, and memorising verses. For students who are late 3 to 4 times a week, the BK teacher will provide individual counselling services to these students. As well as making an agreement letter so that students are no longer late for school. If there is no change, the BK teacher and homeroom teacher work together to make a home visit. If there is no change with a home visit, the child is transferred to another school or dismissed. Individual counselling services can overcome tardy students because based on the cooperation of parents, counseling teachers and homeroom teachers, the child has a better personality so that the student is no longer late for school.

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